



Essex After School Clubs

# **Bereavement Policy**

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At Essex After School Clubs we recognise that children and their families may experience grief and loss of close family members or friends or their family pets whilst with us at Club. We understand that this is not only a difficult time for families, but it may also be a confusing time for children, especially if they have little or no understanding of why their parents are upset and why this person/pet is no longer around.

We aim to support both the child and their family and will adopt the following procedure to suit their individual needs and family preferences:

- We ask that if there is a loss of a family member or close friend that the parents inform the club as soon as they feel able to. This will enable us to support both the child and the family wherever we can and helps us to understand any potential changes in behaviour of a child who may be grieving themselves.
- The key person and/or the manager will talk with the family to ascertain what support is needed or wanted from the Club. This may be an informal discussion or a meeting away from the child to help calm a potentially upsetting situation
- The child may need extra support or one-to-one care during this difficult time. We will adapt our staffing arrangements so the child is fully supported by the most appropriate member of staff on duty, where possible the child's key person

We also recognise that there may also be rare occasions when the staff team is affected by a death of a child or member of staff. Below are some agencies that may be able to offer further support and counselling if this occurs.

**The Samaritans:** [www.samaritans.co.uk](http://www.samaritans.co.uk) 08457 909090

**Priory:** [www.priorygroup.com](http://www.priorygroup.com) PRIORY (08452 774679)

**Child Bereavement UK:** [www.childbereavementuk.org](http://www.childbereavementuk.org)

**Cruse Bereavement Care:** [www.crusebereavementcare.org.uk](http://www.crusebereavementcare.org.uk)  
0844 477 9400 [helpline@cruse.org.uk](mailto:helpline@cruse.org.uk)

**British Association of Counselling:** [www.bacp.co.uk](http://www.bacp.co.uk) 01788 578328

**SANDS:** [www.uk-sands.org](http://www.uk-sands.org)